



# High School

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Is your goal SMART?

Word	Definition	Essential Questions
Specific	Goal should be focused and clear	What exactly do I want to achieve? Why?
Measurable	Method for measuring progress towards the goal	How will I track my progress? How will I know when I reached my goal?
Attainable	Goal is realistic	What steps can I take to reach my goal? Are they do-able?
Relevant	Goal has personal importance	Why is this goal important to me? How will it help me?
Timely	Goal has an end date	When do I want to reach my goal? What will I do when I achieve my goal?

List 3 goals you want to achieve by the time you graduate from high school. Make sure it's a SMART goal!

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
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