



# High School

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Specific:** Pick one goal you want to focus on with your action plan.

**Measurable:** How will you track progress toward meeting your goal?

**Attainable:** What are the steps you need to take to achieve your goal?

1.	2.	3.
4.	5.	6.

**Relevant:** Why is it important for you to reach this goal?

**Timely:** When do you want to achieve your goal

→ What resources (people or other) do you need to achieve your goal?