



Date: _____

Make a list of all the emotions you can think of in one minute:

Anger	Anticipation	Disgust	Joy	Fear	Sadness	Surprise	Trust
rage mad	interest excited	disapprove hate	happy love	scared terror	grief unhappy	awe amaze	admire accept

- What is the emotion?
- What are some synonyms for the emotion? Antonyms?
- When are some times that you have experienced an instance of that emotion?
- What did it look and feel like when YOU feel the emotion? Why?