



Welcome to Emozi® High School

Program Introduction

This handout summarizes the Emozi® High School training presentation. It provides administrators with a quick reference guide to key points from the program introduction.

Why Focus on Character Development in High School?

- Adolescence is a critical time for identity and values
- Students face academic, social, and digital pressures
- Skills help students:
 - Manage stress and emotions
 - Build healthy relationships
 - Make responsible, ethical decisions
 - Prepare for college, career, and citizenship

What is Emozi®?

- Comprehensive Character Development curriculum
- Grades 9–12: three units per grade
- Each unit: 12 lessons (36 lessons per grade)
- Built on the SCOPE-IT strategy (Stop – Consider – Options – Plan – Evaluate – Insights – Transform)

Curriculum Design

- Each lesson includes: Brainstorm → Discuss → Dive In → Activity → Reflect
- Teacher resources include:
 - Professional Development prompts
 - For Further Study links
 - Home Connection letters

Example Lesson Topics

- Grade 9: Identity & Perspectives, Growth Mindset, Values
- Grade 10: Self-Management, Stress Reduction, Optimism
- Grade 11: Empathy, Integrity, Media Literacy
- Grade 12: Leadership, Advocacy, Collaboration, Life Purpose

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Instructional Routines – SCOPE-IT

- Stop: Pause before reacting
- Consider: Notice feelings, context, values, and facts
- Options: Generate multiple possible responses
- Plan: Choose the best option
- Evaluate: Reflect on the outcome
- Insights: Identify what you've learned
- Transform: Apply this learning to future actions

Supporting All Learners

- Differentiation strategies embedded in each lesson
- Support for English Language Learners
- Home connection activities (English, French, Spanish)
- Culturally responsive resources and examples

Professional Learning

- Self-paced online teacher training included with subscription
- Embedded PD prompts in every lesson
- For Further Study resources for extended learning
- Optional coaching and advanced training available

Research & Evidence Base

- Grounded in neuroscience of the constructed theory of emotion
- Aligned with research on resilience, mindset, and self-regulation
- Informed by decades of evidence on character development

Research & Evidence of Impact (ESSA Level II)

- A 2023–24 independent study included 955 high school students (Grades 9–12).
- Researchers compared outcomes between Emozi® and a matched comparison school.
- Findings:
 - Students in Emozi® reported significantly higher social awareness (effect size $g = 0.24$, equivalent to a 9 percentile point increase).
 - Students in Emozi® were 6% more likely to report supportive peer relationships (effect size $g = 0.21$).
 - Greater teacher engagement with Emozi® correlated with stronger student



outcomes.

- Meets Every Student Succeeds Act (ESSA) Level II standards (Moderate Evidence).

Real Impact – Benefits of Emozi®

- For Students: resilience, empathy, leadership, purpose
- For Teachers: consistent routines, stronger relationships
- For Schools: improved climate, reduced disruptions
- For Families: meaningful home connections

Getting Started with Emozi®

1. Complete teacher online training
2. Review Teacher Guides and student resources
3. Introduce the SCOPE-IT strategy to students early
4. Begin teaching lessons following Brainstorm → Discuss → Dive In → Activity → Reflect
5. Reinforce home connections with families

Fidelity Implementation

- Fidelity Checklist includes:
 - Structural fidelity (training, scheduling, resources)
 - Instructional fidelity (lesson structure, SCOPE-IT integration)
 - Reflective fidelity (teacher self-reflection, observation)
- Supporting Tools:
 - Coaching Observation Tool
 - Teacher Self-Reflection Checklist

Looking Ahead

- SCOPE-IT posters and digital supports reinforce learning
- Ongoing research and evaluation strengthen impact
- Expansion of professional development opportunities

Thank You & Next Steps

- Thank you for joining the training!
- Emozi® Support: support@emozi.net
- Together, we are building stronger schools through character development